

## **Parent-Daughter Weekend Information Packet**

We are looking forward to having you at Camp Juliette Low for Parent-Daughter Weekend! A packing list and the mandatory Medical Information Form are available on our website. Here are some final instructions to help you get ready for the fun!

### **ARRIVAL**

- Plan to arrive at camp on Friday between 5:00 PM and 7:00 PM Eastern Time. We would like to get you settled in your tent before the evening activity, and before dark.
- Plan to eat on the way to camp, or bring a sack supper to eat when you arrive.
- If you plan to arrive later than 7:00 PM, please let us know when to expect you.

**If you need to contact camp on the day of arrival or during Parent-Daughter Weekend, call (706) 862-2169.**

### **CHECKING IN**

- When you arrive, you will be directed to our check-in location ("Bidwell") where you will be assigned to a platform tent in one of our camper units: Romany, Oakledge, Sherwood, or Glen. Your unit will "rotate" together through the different activities on Saturday. If you have requested to be grouped with certain other girls, we will try our best to put you together.
- After checking in, a hostess will help you find your unit and tent and will show you where to park after you have unloaded your car.
- Get settled in your tent or join others in the dining hall for your sack supper. There are also picnic tables within the Pavilion near the Playing Field.
- At 7:30 PM, a bell will ring to call you to an evening activity (Bring your flashlight.) The evening will include games and songs, after which you will return to your unit for a campfire and s'mores.

### **ACCOMODATIONS**

- You will sleep in sturdy, raised platform tents with four cots to a tent.
- There is no electricity in the tents, so flashlights are important!
- Hot showers are available in or near all units. Flush toilets are available in all units. Sinks (for tooth brushing, etc.) are available in all units.
- You will be served four delicious meals in the dining hall.
- There will be a nurse on duty.

### **A FEW RULES FOR YOUR SAFETY AND COMFORT**

- You are responsible for your child and her guest(s). We will have a limited number of staff and volunteers serving as hostesses, lifeguards, and instructors, and we need your help in watching the children. Please stay with them or ensure that another adult is watching them. Just like during the summer, the "buddy system" applies; no one should wander off alone.
- Alcoholic beverages are not allowed on the camp premises.
- Smoking is prohibited at camp.
- Please respect others and their desire for peace and quiet by avoiding loud talking after 10:00 PM.

## COME PREPARED AND YOU'LL BE A HAPPY CAMPER!

- Check the weather before you pack! Checking the forecast for Mentone, Alabama will give you a good idea of what the weather will be like at camp.
- Be prepared for COLD weather: pack plenty of warm clothing and bedding... and then pack extra! It will very likely be cold at night and in the morning, so pack warm clothing-- maybe even a hat, depending on the forecast. You will need plenty of warm blankets and heavy pajamas or fleece sweatpants for sleeping.
- Be prepared for RAINY weather: pack a rain jacket and rain boots for each person, even if you keep them in your car-- just in case!

**\*\*\*If you need to contact camp during Parent-Daughter Weekend, call (706) 862-2169. Most people do not get any cell coverage at camp, so you may also want to leave this number with a contact at home, in case you need to be reached. \*\*\***

## SATURDAY SCHEDULE

- 07:00 AM Wake up bell
- 07:30 AM Waitresses set tables. Flag Ceremony for others.
- 07:45 AM Breakfast
- 09:15 AM First activity -- Groups will rotate through 4 activities: Canoeing, Crafts, Climbing Wall, and Archery. During crafts, parents will have coffee and have a chance to ask questions and talk to the camp director in the Juliette Low Lodge.
- 10:15 AM Second activity
- 11:15 AM Third activity
- 12:30 PM Waitresses set tables for lunch.
- 12:45 PM Lunch - The "Trading Post" will be open after lunch if you wish to buy a treat or a souvenir such as a camp t-shirt or songbook.
- 02:00 PM Rest hour
- 03:00 PM Fourth activity
- 04:00 PM Wading/playing in river and swimming hole (if water level is suitable)
- 05:00 PM Cleanup/change for supper
- 05:45 PM Waitresses set tables for supper. Flag ceremony for others.
- 06:00 PM Supper (Trading Post open after supper for supplies/souvenirs only)
- 07:30 PM Evening activity and campfire
- 09:00 PM Goodnight circle

## SUNDAY SCHEDULES

- 07:30 AM Wake up bell
- 08:00 AM Waitresses set tables. Flag Ceremony for others.
- 08:15 AM Breakfast
- 09:30 AM Scout's Own ceremony
- 10:00 AM Our business manager, Karen Mitchell, will be available in the office to take summer camp applications and answer questions. Packing, good-byes Departure by 11:00 AM.